



# BSA AGEING, BODY AND SOCIETY STUDY GROUP 2011 CONFERENCE

BODY WORK IN HEALTH AND SOCIAL CARE

Tuesday 6<sup>th</sup> September 2011  
British Library Conference Centre, London



## RESTAURANT SUGGESTIONS

Please find below suggestions of restaurants in the area close to the British Library. The information provided here is not all-inclusive and the BSA cannot guarantee or accept responsibility for the standard of the food or service provided.

### **Acorn House** Brasserie

69 Swinton Street, London WC1X 9NT

[www.acornhouserestaurant.com](http://www.acornhouserestaurant.com)

Tel: 0207 812 1842

Acorn House, London's first truly eco-friendly training restaurant, is set to alter the image of the restaurant industry as well as transform the way in which people eat out. With fresh seasonal menus, a dedication to healthy eating, environmental responsibility and a premium, glamorous appeal, this revolutionary and pioneering new concept offers King's Cross residents, businesses and visitors a unique destination dining experience.

### **Addis** African

42 Caladonian Road, London N1 4DT

[www.addisrestaurant.co.uk](http://www.addisrestaurant.co.uk)

Tel: 0207 278 0679

Unlike other restaurants. Addis is a unique Ethiopian restaurant in the heart of London. At Addis restaurant our objective is to make our customers happy with hospitality and prices that cannot be found anywhere else.

### **Camino** Spanish

3 Varnishers Yard, Regents Quarter N1 9AF

[www.barcamino.com](http://www.barcamino.com)

Tel: 0207 278 0679

Camino has been created as a place to enjoy the life, vigour and tastes of Spain. Come in for breakfast (coffee, churros and a flick through El Pais) a long lunch, an indulgent graze on cava and raciones or a seriously good wine with fresh meat and fish from the charcoal grill, every experience will be real and infectious.

### **Konstam at the Prince Albert** British

2 Acton Street, London WC1X 9NA

[www.konstam.co.uk](http://www.konstam.co.uk)

Tel: 0207 833 5040

Konstam at the Prince Albert opened in April 2006, having been the central feature of BBC2's ten-part series The Urban Chef. The programme followed head chef/owner Oliver Rowe in his search to bring locally-sourced, seasonal food from all around Greater London to the heart of King's Cross. Konstam at the Prince Albert follows on from the popular Konstam café, which was opened in 2004 and was located just a few yards from the restaurant on King's Cross Road.

### **New Merkato** African

196 Caledonian Road, London N1 0SL

Tel: 020 7713 8952

Merkato is Amharic for 'market', but this intimate and friendly establishment carries few of the associations suggested by its name; the atmosphere is relaxed and quiet.

### **Pho @ Kings Cross** Vietnamese

126 King's Cross Rd, London WC1X 9DS

[www.eatpho.co.uk](http://www.eatpho.co.uk)

Tel: 020 7833 9088

Here at Pho noodle soup King's Cross (no relation to Pho in Clerkenwell) we aim to bring you the best, healthiest and freshest Vietnamese culinary experience. Our Vietnamese dishes consists of the finest ingredients, our herbs and salad are flown directly from Thailand 3 times a week and served to you the following day.

### **Rasa Maricham** Indian

Holiday Inn, 1 Kings Cross Road WC1X 9HX

[www.rasarestaurants.com](http://www.rasarestaurants.com)

Tel: 0207 833 9787

Rasa's first concept restaurant on Black Pepper. Located within the Holiday Inn Kings Cross, Rasa Maricham offers a variety of dishes from all across Kerala, which has the goodness of this black gold "Pepper"

### **Somerstown Coffee House** Gastropub

60 Chalton St, London NW1 1HS

[www.somerstowncoffeehouse.com](http://www.somerstowncoffeehouse.com)

Tel: 020 7691 9136

We serve traditional, authentic French food. Our menus change monthly based on what is in season and wherever possible, locally sourced.